

Aldine ISD Athletic Training **Parent Concussion Information**

Observe your child for the first few hours for any change in symptoms. If your child begins to change or increases in any of these symptoms you should seek further medical care. We only recommend being seen by an emergency room physician if these symptoms are noticed.

- Increasing headache
- Nausea or vomiting
- Difficulty or slurred speech
- Balance or coordination difficulty
- Unusual or out of character behavior
- Changes in level of consciousness
- Blurred or double vision
- Disorientation/confusion, clumsiness
- Delayed verbal or motor response
- Amnesia
- Stiffness in the neck or weakness in arms or legs
- Blood or clear fluid from nose or ears
- Abnormal drowsiness or sleepiness

Please **DO NOT** allow your child to:

- Take any medication (except when indicated by a Physician or Athletic Trainer)
- Engage in any physical activity until evaluated by a Physician or Athletic Trainer

Please **LIMIT** your child's access to:

- TV time
- Video game playing
- Rough housing
- Use of iPods
- Cell phones(texting)

***The above can increase your child's symptoms.

In some cases their class work/home work can increase their symptoms and each child will be evaluated for class modifications as needed.

UIL information can be found at

www.UILTexas.org/file/athletics/manuels/parent-information-manual.pdf

If you have any questions concerning your athlete please contact:

The athletic trainer at your high school campus.

Aldine ISD

Post-concussion Return to Play Notification of Immunity Provisions

In compliance with HB 2038 (Natasha's Law) concerning return to play following a concussion, parents are required to be informed about the immunity provisions included in the law. The section of the law specifically states:

Sec. 38.159. IMMUNITY. This subchapter does not:

1. waive any immunity from liability of a school district or open-enrollment charter school or of district or charter school officers or employees;
2. create any liability for a cause of action against a school district or open-enrollment charter school or against district or charter school officers or employees;
3. waive any immunity from liability under Section 74.151, Civil Practice and Remedies Code; or
4. create any cause of action or liability for a member of a concussion oversight team arising from the injury or death of a student participating in an interscholastic athletics practice or competition, based on service or participation on the concussion oversight team.

Post Concussion Return to Play Notification of Information Disclosure

In compliance with HB 2038 (Natasha's Law) concerning return to play following a concussion, parents are required to be informed that the medical information concerning the injury your student athlete has sustained will be shared. Specifically the law states that the parent or guardian:

Consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician

The purpose of this provision is to make the transfer of medical information concerning your student athlete's injury easier and improve the safety of their return to play.